

THE STREAMLINED POWER OF

LIGHT



# THERALIGHT FIT

**THE PERFECT FIT:** LEAN,  
STYLISH, POWERFUL AND  
AFFORDABLE ... FULL-BODY  
LIGHT THERAPY THAT FITS  
BOTH YOUR LIFESTYLE  
AND YOUR BUDGET.

**S**leek, nimble and beautifully designed, the TheraLight FIT has been engineered to provide a more streamlined and affordable option for full-body light therapy systems. Designed with the same game-changing photobiomodulation technologies used to create the TheraLight 360, the TheraLight FIT offers a leaner, more compact alternative to its heavyweight sibling, while delivering extraordinary power — and results — at a fraction of the price.



## ❖ WHAT IS PHOTOBIO-MODULATION?

Photobiomodulation therapy (PBMT) is the application of red and near-infrared light to tissue that has been compromised by injury, disease or degeneration. This application increases circulation and cellular energy production while reducing inflammation and oxidative stress. PBMT increases the rate and quality of tissue repair, improves muscle performance, enhances recovery and reduces pain. PBMT is a safe and relaxing mode of recovery that has no known negative side effects.

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## ❖ HOW DOES IT WORK?

The TheraLight FIT delivers PBMT via calibrated and adjustable penetrating wavelengths at the cellular level, which increases energy production and circulation within the body's tissues. This minimizes the damaging effects caused by oxidative stress. Extensive research during the last two decades has shown that oxidative stress can lead to inflammation, which contributes to acute and chronic pain and accelerates the aging process. Oxidative stress is accepted as the underlying cause of most chronic diseases. Factors that cause oxidative stress include:

- **Exposure to pesticides, cleaning solutions, household chemicals and environmental toxins**
- **Exposure to UV radiation or pollution**
- **History of infection or chronic illness**
- **Negative lifestyle choices, including poor diet, smoking and excessive alcohol consumption**



## ❖ SUPPORTED BY SCIENCE

To date, more than 500 published double-blind, randomly controlled studies and 5,000 laboratory studies have been performed studying the effects of PBMT. The consensus shows that PBMT is a dose-dependent technology that, when properly calibrated, can deliver profound effects on a wide spectrum of conditions which include:

- Arthritis
- Tendinopathies
- Nerve pain
- Soft tissue healing
- Nerve regeneration
- Musculoskeletal pain
- Anxiety and depression
- Sleep disturbances

## ❖ TRUSTED BY ATHLETES

Whether you're a weekend warrior or a world-class athlete, studies have shown PBMT to be an effective adjunct to any fitness regimen. PBMT improves performance by increasing exercise capacity and extending exercise times. It also enhances recovery by promoting tissue regeneration and reducing the production of lactic acid, creatine kinase, and C-reactive protein. Trusted by athletes and amateurs alike, the TheraLight FIT is designed to benefit anyone committed to taking their personal fitness to the next level.



# THERALIGHT FIT

## PRODUCT SPECIFICATIONS

MODEL ▶ TLFIT

MSRP ▶ \$49,995

WARRANTY ▶ 3 YEARS

LED TYPES ▶ GAAIAS DIODE LEDES

LED RATING ▶ 50,000 HOURS

WAVELENGTHS ▶ 635nm, 810nm, 850nm, 940nm

IRRADIANCE ▶ 80MW/CM2

OPERATION MODE ▶ CW AND VARIABLE PULSE

PULSE SETTINGS ▶ 0-5000HZ IN 1, 10 OR 100MH INCR.

VOLTAGE ▶ 220-240 VAC 30A max 50/60 Hz

EXTERNAL CONTROL UNIT ▶ 10" WIRELESS COLOR TABLET

RAPID TREATMENT TIME ▶ YES

HIGHLY REFLECTIVE PANELS ▶ YES



### CONTROL TABLET FEATURES

- Full-color user-friendly interface
- Independent control of wavelengths
- Ability to control multiple units
- Controllable from a separate room via Bluetooth technology

### OVERALL DIMENSIONS:

6'4"L x 3'2"W x 4'8"H  
(193 cm x 97 cm x 142 cm)

### TREATMENT BED LENGTH:

6'2" (188 cm)

### WEIGHT:

220 lbs (100 kg)

### WEIGHT CAPACITY:

350 lbs (159 kg)





The TheraLight FIT Full Body Wellness System is registered as both a Class I and Class II device with the FDA.

**Class I intended uses:**

- Restoration of motion to joints
- Redevelopment of muscles
- Increased weight loss as an adjunct to a diet and exercise program

**Class II intended uses:**

- Relaxation of muscles and relief from muscle spasms
- Temporary relief of minor muscle and joint aches, pain and stiffness
- Temporary relief of minor pain and stiffness associated with arthritis
- Temporary increase in blood circulation



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